WEARING OF FILTERING HALF MASKS

NOTE:

2

3

4

5

- ✓ Filtering half masks should only be used by people without hair on face!
- ✓ Scars or wearing glasses may cause the half mask to not fit properly!
- ✓ Wear gloves during or wash your hands after: each removal / wearing of the half mask and each fitting of the half mask during work!





- ✓ If the half mask is foldable, unfold it
- ✓ If the half mask has a nose clip, bend it in half on the thumb





- ✓ Place the half mask on the hand so that the nose clip/nose seal is at the ends of the fingers
- ✓ Put the half mask on your face (the head straps should hang freely from the front)





- ✓ Put on the head straps:
 - (1) cervical
 - (2) occipital



- ✓ Adjust/bind the head straps so that the half mask does not move and adheres tightly to the face
- ✓ Make sure that no hair, jewellery or clothing gets between your face and the half mask
- ✓ Re-check the position of the half mask on your face



✓ If the half mask has a nose clip, adjust it to the nose to ensure a tight fit

CHECKING THE TIGHTNESS OF FILTERING HALF MASK ADHESION



- ✓ Cover the half mask with your hands and inhale quickly the half mask should squeeze into your face or collapse slightly
- ✓ If you feel air flowing into the half mask in the nose area or at the edge of the nose the half mask does not fit properly
- ✓ Perform the fitting again and repeat the test



- ✓ Press the half mask lightly into the face with your hands, covering as much of the mask as possible and exhale quickly
- ✓ If you feel the air flowing from underneath the half mask in the nose area or at the edge of the nose the half mask does not fit properly
- ✓ Perform the fitting again and repeat the test

NOTE: If the proper tightness has not been achieved the size or type (shape) of the half mask should be changed

REMOVAL OF FILTERING HALF MASKS





- ✓ Take off the head straps: (1) occipital
 - (2) cervical
- ✓ Do not touch the half mask with your hands



✓ Hand over the equipment for disposal in the way specified by the employer



6

7

8

9